# **Garfield Tiger News**

GARFIELD ELEMENTARY SCHOOL NEWSLETTER

#### May 2021

## From the Principal

#### Hello Garfield Families,

Hard to believe we are into the last two months of this extraordinary school year! Now is a good time to check-in and make sure everyone has all the resources and support they need to finish strong. Please reach out if you are in need or have any questions.

The first week of May, May 3-7 is Teacher Appreciation Week. We are so grateful for all of our amazing, dedicated, hard-working teachers! They have helped us grow and get even stronger in this pandemic. A huge thank you for all they do!

Spring i-Ready diagnostic will begin in classrooms this month. The Spring i-Ready diagnostic provides valuable data on student learning and progress. In addition, taking the assessment will reset each student's learning path so that they are able to access online learning over the summer. You will be hearing more about when your student is taking the math and reading diagnostics from your student's teacher. If you have questions, please do not hesitate to reach out.

This past month we were focused on being a friend. Students spent time learning ways to be kind to one another, be helpful and how to have each other's back. I am so proud of all of our Tigers – they have been awesome, especially in helping one another. Our students have figured out how to be kind and empathetic even with masks and 6-ft distancing! Please join us for our Tiger Pride assemblies on Wednesday May 5, to celebrate our amazing Tigers!

A reminder to please see your email on Sundays at 3:30 pm for my weekly Tiger News from Principal Stilwell. If you are not receiving this please call us at (425) 385-4700 so we can correct this.

Best Regards, *Mrs. Kathleen Stilwell Principal* 



#### VOLUME 4 ISSUE 10

#### Kathleen Stilwell Principal

Garfield Elementary School 2215 Pine Street, Everett, WA 98201 www.everettsd.org/garfield

Attendance Line 425-385-4705 GAEattendance@everettsd.org

May 3 – May 7 Teacher Appreciation Week

May 3 Let's Connect, 5-6 PM

May 4 Curbside Pick-up, 4-5

May 5 Tiger Pride Assemblies • K-2 9:15 • 3-5 9:45 2:15 Dismissal

May 12 Learning Improvement Wednesday, 2:15 Dismissal

May 19 Learning Improvement Wednesday, 2:15 Dismissal

May 26 Learning Improvement Wednesday, 2:15 Dismissal

May 31 No School – Memorial Day



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#### **ATTENDANCE:**

Parents please email your student's absences using the attendance email address below:

#### GAEattendance@everettsd.org

If you are unable to email, please call the Attendance line at 425-385-4705

### MARCH 2021 – BE A PROBLEM SOLVER STUDENTS OF THE MONTH

Kindergarten: Jaxon L., Natalie E., Arely C., Chelsie B., Hailey W.

First Grade: Malcolm M., Julietta C., Phil J., Charles K., Tyler C., Zoe O.

Second Grade: Addison B., Sasha F., Jack B., Chance H., Jaylen B., Rose W., Atticus H., Tatum H.

Third Grade: Henry C., Vincent M., Liam P., Victoria B., Caelan R.

Fourth Grade: Liana K., Ashton S., Wren., Gabriel O., Ramona L., Garett G., Kadyn B., Kalan G.

Fifth Grade: Tallon D., Kaitlyn W., Nolan M., Carlos G., Hananiah C., Kale K., Zoe M., Tyler S.

### **ECEAP** preschool accepting applications for 2021-22

Everett Public Schools Early Childhood Education & Assistance Program (ECEAP) FREE preschool program for three- and four-year-old children from families with limited income. ECEAP prepares children for kindergarten and provides family support and health and nutrition services. It is funded by the Washington State Department of Early Learning.

The six ECEAP sites within our school district are Cedar Wood, Garfield, Hawthorne, Lowell, Madison, and Silver Lake elementary schools. Space is limited apply early! For an application or more information, please visit the <u>district</u> <u>ECEAP website</u> or

call 425-385-4628.





## **Everett Public Schools is hiring paraeducators**

We are hiring Paraeducators! Great benefits, competitive wages, professional development with summers and school breaks off! Interested?

Please apply <u>online</u>. Schools are located in Everett, Mill Creek and Bothell, Washington.



### Let's Connect - May



You are invited to connect with district leaders and engage in conversation on Monday, May 3 from 5 - 6 p.m. to get feedback on how we can do better. We want to hear from you and hope you can attend a Zoom meeting to share your thoughts. Please check your email for an invitation to connect with your school's regional superintendent and other district leaders. Be sure to check your email; RSVP required to receive the link for the meeting. Let's Connect!

### Summer school registration is open!

Registration is open for summer school 2021 and <u>registration materials are online</u>. Eligible elementary and middle school students will receive an invitation from their teacher(s). A variety of summer school courses are available for high school students including district-facilitated credit recovery courses, Online High School and several community-based programs. Tuition is waived for EPS students for elementary, middle and high school (including OnlineHS.net courses) students. Cost varies for community-based summer school programs. Contact your school for more information!

### School Stakeholder Annual Survey

To guide Everett Public Schools' continuous improvement process, each year schools survey students, families, and staff to understand specific strengths and challenges that impact school quality. The School Stakeholder Annual Survey is only one of many pieces of data analyzed by school leaders and staff. In addition to survey data, student achievement, attendance, discipline, and program data are evaluated to create School Improvement Plan goals.

You should have received <u>a link</u> to our anonymous, multiple-choice family survey in late April. We ask that you please complete and submit the survey by **May 21**. If you have more than one student in Everett Public Schools, please complete a survey for each school your student attends so they can benefit from your feedback.



We truly appreciate your time and participation. Your feedback is very important to us as we set and evaluate school improvement goals.



### Connecting with counselors video series

Two new series of videos are now available on the district's Parent University webpage; Healthy and Safe Social Time for Teens and Helping your Child Respond to Stress.

In the series, Healthy and Safe Social Time for Teens, MTSS Facilitator Kristin Walker and North Middle School Counselor Susie Smothers discuss how parents can support healthy and safe social time for teens and pre-teens. The series includes videos on the following topics:



- <u>Video 1: Introduction to the Series and Maintaining Social Connections</u> Adolescence is a stage in life when social connections and experiences are a healthy and critical part of development. Not being able to see friends, go to school events, and play sports can cause sadness and major disappointment for teens and pre-teens and many parents are struggling with the best way to help them cope. Learn about healthy ways kids can maintain social connections while following health and safety guidelines.
- <u>Video 2: Supporting Healthy Online Boundaries</u> With so many healthy and creative ways for kids to socialize online during the pandemic, our counselors share ways to set and balance responsible online boundaries for your teen.
- <u>Video 3: Social Connections at School</u> As was the case before the pandemic, students can still participate in a variety of extracurricular activities after school. Encourage your child to get involved. Reach out to your school to find out what is available. Many schools are still offering a variety of clubs and organizations your child can join to stay connected with peers.
- <u>Video 4: Family Social Opportunities</u> With many parents working from home at this time, families should try to carve out unplugged time together. Watch this video for suggested ways the whole family can engage in social activities together.
- <u>Video 5: Supporting Your Child's Struggle</u> Pandemic fatigue is a real thing. Coronavirus has put a strain on our everyday functioning and teens may display a range of emotions including sadness, anger, frustration, depression, and more. Learn strategies to listen empathetically to your teen as a way to acknowledge their experiences without trying to "minimize" or "fix" the situation.

In the series, Helping your Child Respond to Stress, MTSS Facilitator Kristin Walker and Evergreen Middle School Counselor Dr. Kaley Mitchell help us understand and define stress and offer action-oriented strategies for parents to help their children as they exhibit emotional and behavioral signs of stress. The series includes videos on the following topics:

- <u>Video 1: Understanding Stress</u> Many parents are asking "Why is my child so stressed out?" Stress is dominating our world and society and both adults and children are stressed at more intense levels than ever before. In this video, Evergreen Middle School Counselor Dr. Kaley Mitchell helps parents understand the history, biology, and experiences that lead to feeling stress.
- <u>Video 2: Opposite Action Strategy</u> In this video, learn about the "Opposite Action" strategy to help your teen or pre-teen respond to stress. Opposite Action is doing the opposite of your urge when your urge is not helpful or healthy and is a skill that can help children (and adults too!) to respond to stress in a healthier, more effective way.
- <u>Video 3: Cold Water Strategy</u> Is your child exhibiting heightened signs of anxiety or intense emotions? The Cold Water strategy can help! The Cold Water strategy is the act of using cold water on the face or body to bring anxiety down immediately. Learn more in this informative video.
- <u>Video 4: What if we need help?</u> If coping mechanisms just aren't working, learn when you should seek immediate help for your child. Also learn more about school, local, and national resources of support such as mental health counseling, crisis lines, and more.

All of the links to these videos can be found at <u>www.everettsd.org/ParentUniversity</u>.

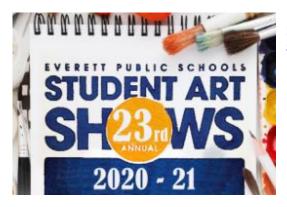
We truly appreciate your time and participation. Your feedback is very important to us as we set and evaluate school improvement goals.



### 2021-22 Student Rights and Responsibilities Handbook

Beginning next school year, the district will no longer be printing the annual Student Rights and Responsibilities Handbook. Students and parents/guardians will access the handbook on the district website at www.everettsd.org under "Students" and then "Student Handbook" or on the desktop of their student's district provided device. Parents/guardians will acknowledge "receipt" of the student handbook and complete the required FERPA information through the district's online annual student information update process. More information and instructions for completing the annual student information updates and accessing the Student Rights and Responsibilities Handbook will be provided to families before the start of the next school year.

### **Virtual Student Art Shows**



Mark Your Calendars for virtual art gallery open for public viewing on the <u>district's website</u>:

- Elementary school artwork starting April 19
- High school artwork starting May 17
- Middle school artwork starting June 1

### **Graduation dates**

Please mark your calendars for our upcoming high school graduations in June. Ceremony details will be shared soon.

- Sequoia High School June 17, 6 p.m. at TBD
- Cascade High School, June 19 at 11 a.m. at TBD
- Jackson High School, June 19 at 3 p.m. at TBD
- Everett High School, June 19 at 7 p.m. at TBD



3900 Broadway Everett, WA 98201 425-385-4000 www.everettsd.org Everett Public Schools does not discriminate in any programs or activities on the basis of sex, race, creed, religion, color, national origin, age, veteran or military status, sexual orientation, gender expression or identity, disability, or the use of a trained dog guide or service animal and provides equal access to the Boy Scouts and other designated youth groups. The following employees have been designated to handle questions and complaints of alleged discrimination:

#### Title IX/Civil Rights

Compliance Officer: Mary O'Brien 425-385-4106 MO'brien@everettsd.org PO Box 2098 Everett, WA 98213

#### Section 504 Coordinator:

Dave Peters 425-385-4063 DPeters@everettsd.org PO Box 2098 Everett, WA 98213

#### **ADA Coordinator:**

Randi Seaberg 425-385-4104 RSeaberg@everettsd.org PO Box 2098 Everett, WA 98213

